



**NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES**  
(Institute of National Importance), Bengaluru – 560 029

राष्ट्रीय मानसिक स्वास्थ्य और तंत्रिका विज्ञान के संस्थान (राष्ट्रीय महत्व का संस्थान), बंगलुरु - 560 029  
ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರ ವಿಜ್ಞಾನ ಸಂಸ್ಥೆ(ರಾಷ್ಟ್ರೀಯ ಪ್ರಾಮುಖ್ಯತಾ ಸಂಸ್ಥೆ), ಬೆಂಗಳೂರು - 560 029

Date: 29.04.2021

**National Medical College Network – June 2021**  
**Psychiatry Classes for Under-Graduate Students & Medical Graduates**

*Time: 3:00 - 4:00 PM*

*Duration: 1 hour*

*Day: Wednesday*

**CURRICULUM\***

Sl. No.	Date	Topic	Components	Tutor
1	02.06.2021	Doctor Patient Relationship	Establishing rapport, empathy, components of communication, breaking bad news, confidentiality	Dr. Rakesh Chander K.
2	09.06.2021	Mental Health	Stress diathesis, role of time management, study skills, balanced diet and sleep hygiene, principles and components of learning, memory and emotions (psychology), distinguishing normality and abnormality	Dr. Bhavika V./ Dr. Naveen Kumar C.
3	16.06.2021	Introduction to Psychiatry	History, contribution to society and other specialities, causes, physiology (limbic system, memory, learning, speech), psychopharmacology, screening for mental illness.	Dr. Hari Hara Suchendra/ Prof. Suresh Bada Math
4	23.06.2021	Managing Depression and Anxiety Disorders in general practice	Identification and management of Depression, generalised anxiety, PTSD, panic disorder and social phobia.	Dr. Prateek Varshney/ Dr. N. Manjunatha
5	30.06.2021	Dealing with Medically Unexplained Symptoms	Identification and management of Somatoform, Dissociation and Illness Anxiety Disorders	Dr. Sharad Philip
6	07.07.2021	Mental health during Disaster	Disaster preparedness, crisis intervention and post disaster measures to tackle mental health needs of the community	Dr. Dinakaran D.
7	14.07.2021	Managing Substance Use Disorders	Identification and management of tobacco, alcohol and cannabis use disorders and their related emergencies	Dr. Prakhyath Hegde

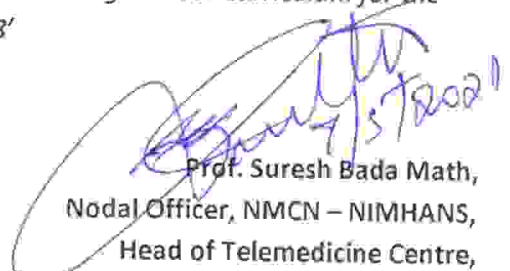


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8	28.07.2021	Identifying Dementia and related disorders in elderly	Classification, identification and management of Dementia and Mild Cognitive Impairment including rehabilitation	Dr. Chetan Raj
9	04.08.2021	Psychiatric aspects of Neurodevelopmental Disorders in children	To discuss on GDD, IDD, ASD, ADHD including role of genetic counselling, parent management training and occupational therapy.	Dr. Rajendra KM
10	11.08.2021	Schizophrenia and Bipolar Affective Disorder	Identification and management of psychosis and mania and their related emergency	Dr. Makarand Pantoji
11	18.08.2021	Obsessive Compulsive Disorder and related disorders	Identification and their management	Dr. Praveen Pandey
12	25.08.2021	Sleep Disorders	Classification, identification and their management	Dr. Lakshmi Nirisha P.
13	01.09.2021	Common Psychiatric Disorders in Childhood and Adolescence	Identification and management of temper tantrums, breathe holding spells (discuss ODD, Conduct and Emotional Disorders), anorexia nervosa, gender dysphoria and gender identity disorder. Paediatric presentations of other Psychiatric Disorders	Dr. Rajendra KM
14	08.09.2021	Psychiatric Emergencies	Assessment and management of violent, suicidal and medically unstable psychiatric patients including delirium	Dr. Malathesh BC
15	15.09.2021	Consultation Liaison Psychiatry	Palliative care for cancer, counselling for PLWHA and other chronic medical conditions	Dr. Bhaskaran A.
16	22.09.2021	Community Psychiatry	Salience and tracing the progress of the National Mental Health Program and its current status	Dr. Patley Rahul
17	29.09.2021	Laws in Psychiatry	Salient features of MHCA 2017, Juvenile Justice Act, POCSO and IPC related to Psychiatric conditions.	Dr. Vinay B

*\*The curriculum has been designed as per MCI's 'Competency based Undergraduate Curriculum for the Indian Medical Graduates 2018'*

  
Prof. Suresh Bada Math,  
Nodal Officer, NMCN – NIMHANS,  
Head of Telemedicine Centre,  
NIMHANS, Bengaluru.